

WEEK OF ACCOMPANIED PRAYER

at Biddenden and Smarden

13th -19th May 2012

Do you sometimes wish you could make more sense of your personal journey of faith?

Would you like to know more about different ways of praying?

Would you like to focus for a whole week on the love of God?

You are warmly invited to our Week of Accompanied Prayer, which is an individually guided retreat in the midst of everyday life. This is for YOU wherever you are on your spiritual journey. No previous experience is necessary!

We begin the week on Sunday 13th May when we meet together at 6pm in Smarden Parish Church. The service will include a stilling exercise and two different meditations using scripture, and you will meet your prayer companion. During the week we will all pray at home for half an hour each day and in addition come once a day to either Biddenden or Smarden church to meet our prayer companion for about half an hour. Home visits can be arranged if necessary. There is no set programme and you share only what you are comfortable with. All prayer material is based on scripture. A key factor of the whole experience is that Jesus meets us where we are – there is no pressure. Your prayer companion will not counsel or instruct you but encourage and affirm you in your own unique pathway of prayer. What takes place between you is absolutely confidential. The week is a journey in the love of God.

The Week of Accompanied Prayer will close on Saturday 19th May when we will all meet together again in All saints Biddenden church 9.30 -11am to round off the experience of the week and celebrate.

Prayer Companions give their time freely, but running costs are about £25 for the week. People who have been on previous Weeks have sponsored you to make this week. If you would like to sponsor someone else for a future week a donation would be appreciated.

I WISH TO TAKE PART IN THE WEEK OF ACCOMPANIED PRAYER 13th – 19th May 2012

NAME.....

ADDRESS.....

TEL.....email.....CHURCH.....

Please circle two preferences (indicating if you have a first choice) for a time of meeting with your prayer companion (same time each day Mon-Fri) and indicate which church.

2.00pm 2.45 pm 3.30pm at Biddenden/Smarden church

6.30pm 7.15pm 8.00pm at Smarden Church

Please return this slip to: Ann Cole, Parish Administrator, The Rectory, 36 High Street, Biddenden, Enclosing your donation if possible.